

When it Comes to Type 1 Diabetes,

KNOWLEDGE

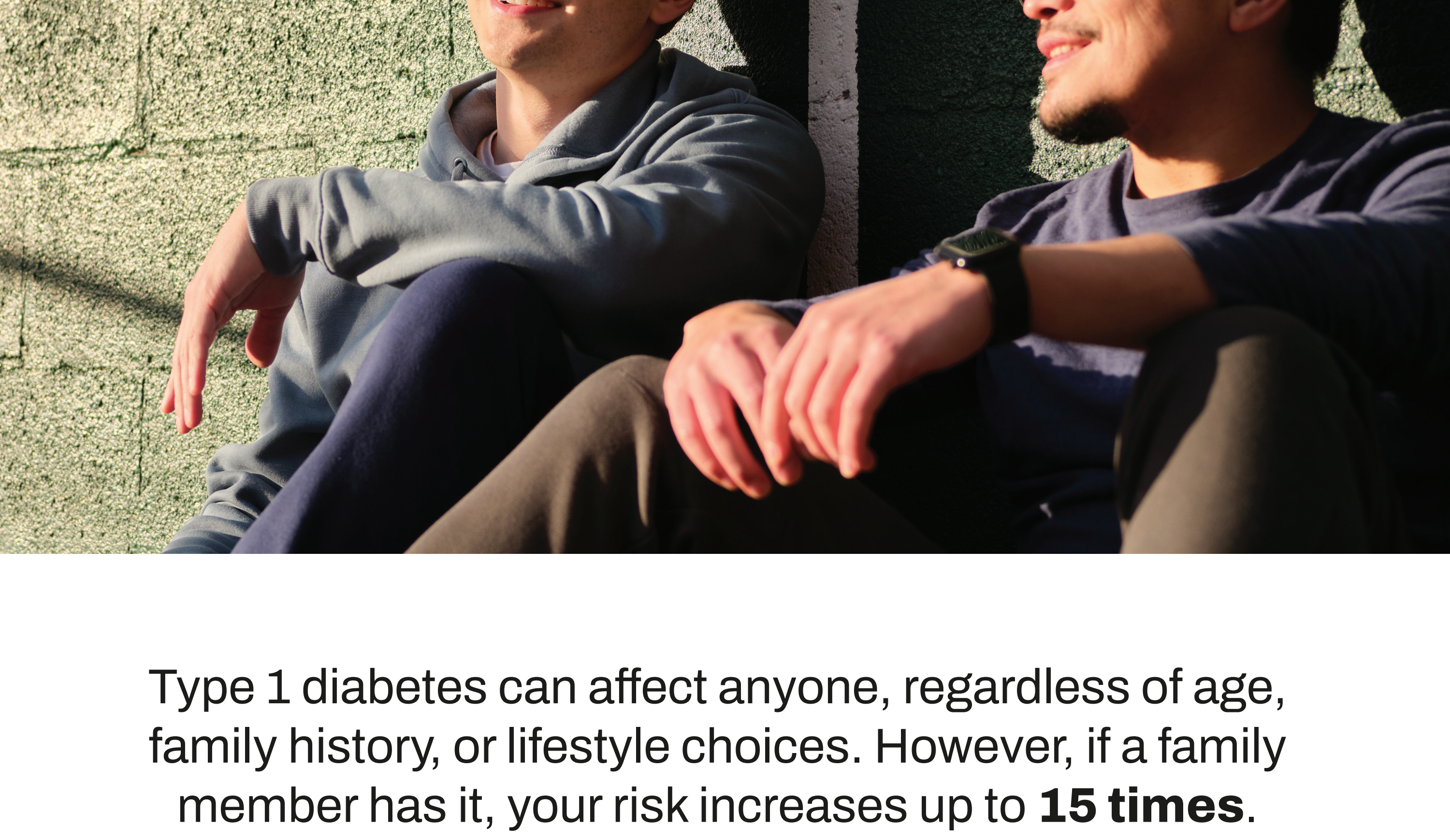
IS POWER.



type 1 diabetes now

Taking proactive steps gives

prepare—and could even help reduce the risk of life-threatening complications at diagnosis. Talk to your doctor today!



Higher if you have certain other autoimmune diseases, such as Hashimoto's, Graves', or celiac disease.

A blood test can spot type 1 diabetes early—before serious complications at diagnosis may happen and insulin is needed

Autoimmune type 1 diabetes (T1D) starts in the

long before there are any visible signs or symptoms. Typically, T1D is only diagnosed after symptoms appear, when a person is unable to make enough insulin and potentially life-threatening complications, like diabetic ketoacidosis (DKA), can happen without warning.

autoimmune disease

Autoimmune type 1 diabetes ha

the immune system mistakenly attacks insulin-making cells called **beta cells**. The attack on beta cells starts long before people develop symptoms and need insulin injections. **The early stages of type 1 diabetes** are when 2 or more diabetes-related **autoantibodies** are found in the blood. Screening with a blood test using a finger stick or blood draw can help detect autoimmune type 1 diabetes early.

Know the options

Advancements in treatment and management of a

participate in a clinical trial c

Learn the symptoms

By knowing if you or your loved one is in the early stages of autoimmune type 1 diabetes, you can be better prepared to recognize symptoms.

lower the risk of potentially life threatening ketoacidosis (DKA) at diagnosis

Prepare for what's ahead

Knowing if you or your loved one has early-stage type 1 diabetes can give you time to plan ahead. Living with type 1 diabetes means taking

Managing it.

SCREEN Sanofi does not provide medical advice, diagnosis

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or treatment—information is provided for educational purposes only. Your doctor is the best source of health information. Talk to your doctor if you have any questions about your health or treatment.

**READY TO
SCREEN?
YOU HAVE
OPTIONS**

Talk to your doctor

**that's best for you
or your loved one.**

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Doctor's office or lab* You can get screened at a doctor's office or lab like Labcorp® or Quest Diagnostics®	Blood draw	Most insurance plans cover some or all of the cost					
QuestHealth.com With this on-demand option, you can directly request a type 1 diabetes autoantibody screening test with Quest Diagnostics®	Blood draw	Visit questhealth.com for more info					
Autoimmunity Screening via ASK† All US residents can order at-home screening kits online. Residents of Colorado can also get kits at certain screening locations AskHealth.org	Blood draw	Free for US residents aged 1 year and older with or without a family history of type 1 diabetes					
Online ordering At-home screening kits can be ordered by your doctor from vendors like Enable Biosciences	Finger stick	Most insurance plans cover some or all of the cost					
TrialNet‡,§ Screening can take place at TrialNet locations, events, or health fairs. You can also receive a screening kit to use at home or to bring in to a Labcorp® or Quest Diagnostics® location	Blood draw or finger stick	Free for people ages 2–45 with a first-degree relative with T1D, or ages 2–20 with a second-degree relative with T1D					

***Did You Know**
In the latest American Diabetes

Care, it's been identified that one autoantibody in particular, IA-2, is an independent risk factor for progression. Individuals with test results that report a single IA-2 positivity should be monitored similarly to individuals with multiple T1D-related autoantibodies.

These are not all of the screening options available. It's important to

†Autoimmunity Screening for Kids.

‡TrialNet will initially test for 2 autoantibodies. If 1 or more autoantibodies

are found in the first test, additional testing may be done for other autoantibodies as indicated by the white circles.

^sFor ages 2.5–45 years old with a first-degree relative with a second-degree relative.

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early screening option is best for you and your loved ones.